

ENERGY SUFFICIENCY AND EFFICIENCY: WHAT ARE THE DIFFERENCES?

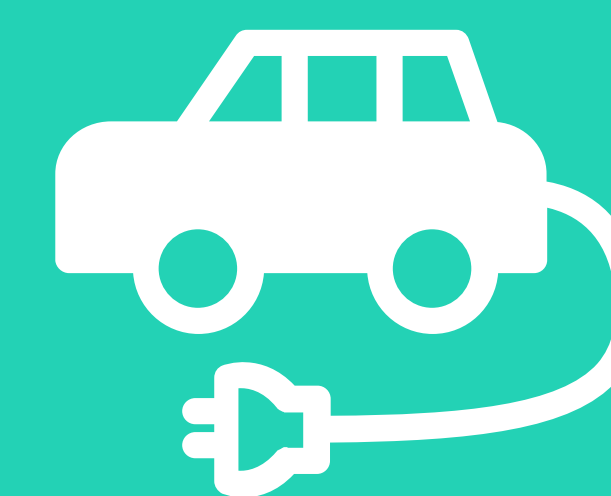
Sufficiency

Efficiency



Cycling instead
of driving

Using a hybrid
or electric vehicle

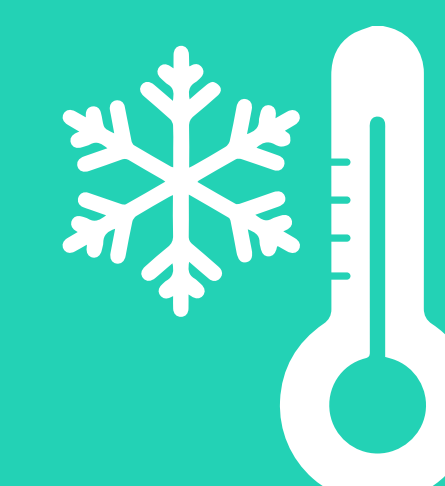


MOBILITY

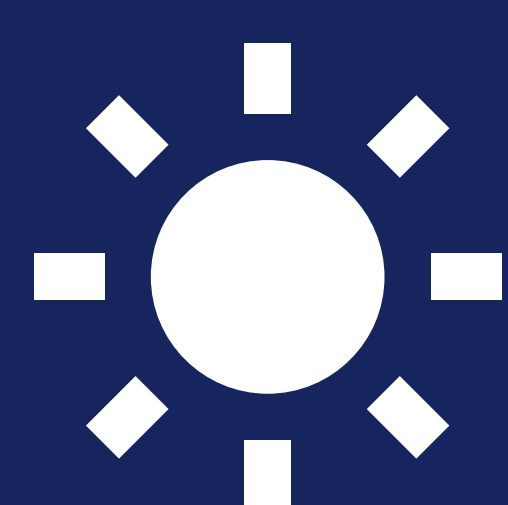


Reducing the surface area
per inhabitant/user

Heating and cooling
buildings with high-
performance equipment



BUILDING



Using
natural light

Using
LED bulbs

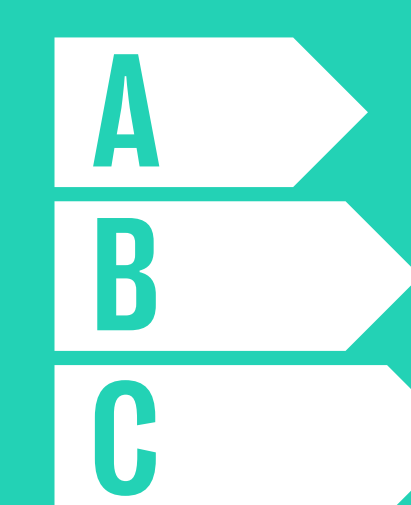


LIGHTING



Using a clothesline
or rack

Using a dryer
with a good
energy rating



HOUSEHOLD CHORES



Limiting
data production

Store data in a
high-efficiency
data centre



COMMUNICATION

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