

# NO LIFE AT RISK

Respect the Life Saving Rules  
all the time



## DO's



### BE HOOKED UP

Clip on your harness when working at height



### STEP ASIDE

Stay out of the path of moving vehicles, plant and equipment



### CHECK

Verify that there is no live energy (mechanical, chemical, electrical, fluids under pressure, etc.) before starting work



### MAKE SURE

Only enter a trench if the appropriate wall supports are in place



### CONTROL

Test that the atmosphere is safe before entering a confined space and monitor it as you work

## DON'Ts



### HALT

Do not perform hot work until the fire or explosion risks have been eliminated



### AVOID

Do not walk or stand under a load



### BAN

Do not work under the influence of alcohol or drugs including driving



### STOP

Do not manipulate your phone or any other communication device while driving